

Information Sheet
M.Phil (Child & Adolescent Psychiatry)
Division of Child & Adolescent Psychiatry
University of Cape Town

This information sheet provides a summary of the structure and content of the M.Phil degree in Child & Adolescent Psychiatry.

1. Aims and Objectives of the Programme

The aim of the M.Phil in Child & Adolescent Psychiatry is to train competent child and adolescent psychiatrists who can attend to the mental health and psychiatric needs of children, adolescents and families around the globe. The programme has a particular focus on the mental health needs of children, adolescents and families who live in South Africa and other low-resource environments.

The Health Professions Council of South Africa (HPCSA) requires that psychiatrists gain two years of supervised experience in child and adolescent psychiatry and complete the Certificate in Child & Adolescent Psychiatry of the College of Psychiatrists of South Africa before being able to register in the sub-speciality of child psychiatry.

The M.Phil (Child & Adolescent Psychiatry) is a two-year postgraduate degree by course work and dissertation for psychiatrists who are registered with the Health Professions Council of South Africa. Candidates are able to do the degree part-time, with a minimum duration of 24 months full-time equivalent. At present HPCSA regulations require that at least 12 months of supervised training should be full-time.

2. Nature of the programme

The M.Phil programme combines clinical training (through supervised clinical case-based work), academic training (through a formal academic programme, and informal seminars and courses), and research (through participation in and completion of a minor research project).

a) Clinical training

Clinical training is provided across four clinical teams, and all candidates will have an opportunity to rotate through all teams. The clinical teams include an Outpatient team (which includes a Neuropsychiatry Clinic), an Infant Mental Health Team (for under 3-year olds), a Consultation-Liaison team (consulting to Red Cross War Memorial Children's Hospital Inpatient wards), and an Inpatient Team (for pre-adolescent admissions).

Clinical placements are allocated at the start of the training programme in partnership between the candidate and M.Phil training committee, based on candidates' clinical needs, prior experience and expertise. Placements are reviewed every 6 months, and additional training opportunities are sought in a flexible way to ensure adequate clinical exposure to e.g. adolescent inpatient care, forensic psychiatry and educational liaison. Candidates will receive a minimum of 1 hour individual supervision per week to support their clinical case work and their clinical and professional development.

As part of the clinical training, candidates are also supported to develop their

therapeutic skills and to meet the minimum requirements for psychotherapy as set out in the Curriculum for the Certificate in Child & Adolescent Psychiatry at the Colleges of Medicine (SA). Psychotherapy cases will be supervised by appropriately qualified staff.

Detail of the Curriculum for the Certificate in Child & Adolescent Psychiatry is available on the website of the Colleges of Medicine (SA), at http://www.collegemedsa.ac.za/view_college.aspx?collegeid=20.

b) Academic Programme

Candidates will participate in the academic programme of the Division of Child & Adolescent Psychiatry. This includes a formal academic programme on Thursday mornings, consisting of case presentations, seminars and journal clubs. Candidates will be expected to present cases, lead journal clubs and deliver seminars under supervision.

Apart from the formal academic programme in the Division, candidates will also join a dedicated seminar programme for senior registrars in Child & Adolescent Psychiatry, run jointly between the University of Cape Town and Stellenbosch University. These seminars are led by candidates, and facilitated by senior academic staff from both institutions. The programme is a rolling 12 month programme, and covers all core topics in the Curriculum. Candidates have the option of requesting or arranging additional seminars to meet their training needs, and have access to seminars and journal clubs in the Department of Psychiatry, and throughout the University.

Over the course of the two years, candidates are also encouraged to seek out specific training courses, such as in the Autism Diagnostic Observation Schedule (ADOS-2), and to attend local, regional, national and international conferences relevant to Child & Adolescent Psychiatry. Candidates will have access to skills development funding through the Provincial Government of the Western Cape for some of these activities.

Research

Research development and training is a core component of the M.Phil in Child & Adolescent Psychiatry, and candidates are expected to complete a minor dissertation to meet the degree requirements. A minor dissertation is equivalent in 'size and scope' to one paper in an appropriate peer-reviewed journal. The Division of Child & Adolescent Psychiatry is highly research-active, and candidates will have access to any of the existing research teams, which include a Centre for Autism Research in Africa, an Adolescent Health Research Unit, a Tuberous Sclerosis Complex Programme, and an Infant Mental Health Programme. All other projects are supported through the Divisional Staff Research Development Programme. Candidates with interest in particular topics outside existing expertise will be linked up with research colleagues elsewhere in the University. All research projects will be supervised by appropriately qualified staff.

3. Current Trainers in Child & Adolescent Psychiatry

a) Prof Petrus J de Vries (MBCChB, MRCPsych, PhD), Sue Struengmann Professor of Child & Adolescent Psychiatry, M.Phil Convenor
Prof de Vries is the academic head of the Division of Child & Adolescent Psychiatry. He has particular clinical interest in developmental neuropsychiatry, autism spectrum disorders and tuberous sclerosis complex, and oversees 4 research programmes at UCT. These include the Centre for Autism Research in Africa, the Adolescent Health

Research Unit, a Tuberos Sclerosis Complex Research Programme, and the Divisional Staff Research Development Programme (petrus.devries@uct.ac.za).

b) A/Prof Astrid Berg (MBChB, FCPsych(SA), MPhil(Child & Adolescent Psychiatry)). Prof Berg has a particular interest in infant mental health and leads the clinical and research programmes in Infant Mental Health (zimi@iafrica.com).

c) Dr Wendy Vogel (MBBCh, FCPsych(SA), MMed, MSc), Head of Clinical Unit. Dr Vogel is the clinical head of the Division of Child & Adolescent Psychiatry. She has a clinical interest in neurodevelopmental disorders such as autism and ADHD and their comorbidities, and a research interest in clinical audit (wendy.vogel@uct.ac.za).

d) Dr Papani Gasela (MBChB, FCPsych(SA), Cert Child & Adolescent Psychiatry(SA)). Dr Gasela is the lead clinician for the inpatient unit and for consultation-liaison to Red Cross War Memorial Children's Hospital. She has a particular interest in inpatient psychiatry for young children, in multi-sectorial work, and in the associations between chronic illness and mental health and wellbeing (papani.gasela@uct.ac.za).

e) Dr Simon Pickstone-Taylor (MA, MBChB, ABPN (Psychiatry and Child & Adolescent Psychiatry)). Dr Pickstone-Taylor is an Honorary Lecturer in the Division of Child & Adolescent Psychiatry. He has a particular interest in gender identity development in children and adolescents. He runs a gender identity clinic in the division and provides clinical and research supervision for trainees (simondpt@hotmail.com).

4. Further information

Potential candidates are welcome to contact Prof Petrus de Vries directly (petrus.devries@uct.ac.za) or through his secretary (rehana.effendi@uct.ac.za) for further information or for informal discussions about the training programme.

5. Course detail as presented in the Faculty of Health Sciences Handbook

M.Phil in Child & Adolescent Psychiatry

[Plan code: MM006PRY02] [MM016PRY02]

This is a programme by coursework and dissertation and is recognized by the Health Professions Council of South Africa (HPCSA) for sub-specialist training in Child & Adolescent Psychiatry. The course includes seminars, supervision and demonstrations for registered psychiatrists who wish to specialise in Child & Adolescent Psychiatry. Psychiatrists who wish to register as sub-specialists in Child & Adolescent Psychiatry with the HPCSA are required to pass the Certificate of Child & Adolescent Psychiatry examination of the Colleges of Medicine of South Africa (CMSA) towards the end of the 2-year programme.

Programme convenor: Prof PJ de Vries (Department of Psychiatry and Mental Health)

Admission requirements

FMG1 To be eligible for consideration, a candidate must have:

- (a) a Master of Medicine in Psychiatry of the University or another university recognized for this purpose, or a qualification recognized by the Senate as an equivalent (such as the Fellowship in Psychiatry from the Colleges of Medicine of South Africa) AND six months of supervised training in Child & Adolescent Psychiatry or equivalent experience;

Duration of programme

FMG2 A candidate shall be registered for two years full-time study or part-time equivalent (the 'duration' requirement). In order to meet HPCSA 'ratio' requirement, psychiatrists need to spend at least 12 months of their overall training in full-time training

Programme Outline

FMG3 The prescribed courses are:

PRY7006W	MPhil in Child & Adolescent Psychiatry Part 1	9	120
PRY7010W	MPhil in Child & Adolescent Psychiatry Part 2	9	60
Total HEQF credits:			180

Assessment

FMG4 For registration with the Health Professions Council of South Africa in the subspecialty of Child & Adolescent Psychiatry, psychiatrists must pass the examination for the Certificate in Child & Adolescent Psychiatry set by the College of Medicine of South Africa. The examination consists of a three-hour written paper, a clinical examination, and an oral examination.

FMG5 There is ongoing assessment of performance through regular supervision sessions and at seminars. There is also continuous in-course evaluation by means of observed clinical interviews, and oral examination every six months. Following these assessments, there is a critical evaluation of the candidate's progress. At the end of the programme, candidates are formally assessed by means of:

- Certificate of Child & Adolescent Psychiatry examination as set by the Colleges of Medicine of South Africa (CMSA)
- in-course assessment reports
- presentation and external examination of a dissertation

Courses for MPhil programme in Child & Adolescent Psychiatry:

PRY7006W MPhil in Child & Adolescent Psychiatry Part 1

HEQF credits: 120 **HEQF level:** 9

Course convener: Prof PJ de Vries

Course outline: Assessment, formulation and treatment in child & adolescent psychiatry; paediatrics and neurodevelopment; social and applied psychology relevant to child & adolescent psychiatry

Assessment: Six-monthly in-course assessment and College Certificate Examination

PRY7010W MPhil in Child & Adolescent Psychiatry Part 2

HEQF Credits: 60 **HEQF level:** 9

Course convener: Prof PJ de Vries

Course outline: All students are required to produce a minor dissertation under supervision. (Details about the format and length of such a dissertation are available from the Faculty Office).

Assessment: External examination of dissertation

Information sheet prepared by Prof Petrus J de Vries, March 2015.